



# DANISH OPEN 2010

March 12<sup>th</sup> – 14<sup>th</sup> 2010  
for swimmers with a disability



# DANISH OPEN 2010

## ENTRY INFORMATION

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The Danish Sports Organization for the Disabled has the pleasure to invite all federations and Danish and foreign clubs to take part in Danish Open 2010. In 2010 the competition is held in corporation with Swim Team Esbjerg on March 12<sup>th</sup> – 14<sup>th</sup> 2010.

The Organising Committee will do all possible efforts to receive the swimmers and staff of your federation/club in the best possible way.

### **Proportions:**

Danish Open is held in one of the best competitive pools in Denmark, Svømmestadion Danmark. It is built in 1996 and has been used for many international competitions (e.g. European Youth Olympic Days 1999). The address is:

Svømmestadion Danmark  
Gl. Vardevej 60  
6700 Esbjerg  
Denmark  
<http://www.svommestadiondanmark.dk>

The competition is held in a 50 meter pool with 10 lanes and a water temperature of 26 °C. Furthermore the competition is held with electronic timing system (OMEGA) and complete lane result screen.

The competition is open for swimmers with a functional or a learning disability or visual impairment.

The event will be run under IPC Swimming ruling. The one start rule will apply for Danish Open 2010.

There are no limit times and classes S1 - S14 are offered. Seeding according to entry times and independent of classification.

Please note: To take part you must have an international classification. International functional classification is offered in the days prior to the competition. For more information check: <http://www.swim.dhif.dk>

Only athletes with IPC Swimming license will be considered for IPC Swimming ranking and record lists.

### **Entry:**

Entries shall be returned to the organising committee up to February 10<sup>th</sup> 2010. Please use the attached entry forms. Late entries may not be accepted!

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### Entry:

Please return the entry forms by e-mail to:

Mette Holstein

E-mail: [Mette.holstein@dhif.dk](mailto:Mette.holstein@dhif.dk)

Phone: +45 24 45 26 55

The Danish Sports Organisation for the Disabled

Brøndby Station 20

2605 Brøndby

Denmark

The entry and deck access fee is:

€ 70 per swimmer

€ 40 per staff (coach, team manager, helper etc.)

No refunds will be given for withdrawals.

Full payment of entry fees must be made February 17<sup>th</sup> 2010 to:

Account holder:

DHIF's Svømmeudvalg

Att.: Ole Svendsen

Kong Svends Vænge 25, 2765 Smørum, Denmark

Bank:

Nordea Bank Danmark A/S

Torvet 10, 4100 Ringsted, Denmark

SWIFTKODE: NDEADKKK

IBAN DK7320008127225169

Registration #: 2520

Account #: 8127225169

Please enter country or club and "DO 2010" in connection with the payment.

### Events:

#### Session I - Friday

Warm up: 16.30-17.50

Competition: 18.00

Event 1 100 free women

Class S1 – S14

Event 2 100 free men

Class S1 – S14

Event 3 150 IM women

Class SM1 – SM4

Event 4 150 IM men

Class SM1 – SM4

Event 5 200 IM women

Class SM5 – SM14

Event 6 200 IM men

Class SM5 – SM14

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### Events:

#### Session II - Saturday

Warm up: 08.00-09.20

Competition: 09.30

Event 7	100 breaststroke women	Class SB1 – SB14
Event 8	100 breaststroke men	Class SB1 – SB14
Event 9	200 free women	Class S1 – S14
Event 10	200 free men	Class S1 – S14
Event 11	100 backstroke women	Class S1 – S14
Event 12	100 backstroke men	Class S1 – S14
Event 13	50 butterfly women	Class S1 – S14
Event 14	50 butterfly men	Class S1 – S14

#### Session III - Saturday

Warm up: 12.30-13.50

Competition: 14.00

Event 15	50 backstroke women	Class S1 – S14
Event 16	50 backstroke men	Class S1 – S14
Event 17	400 free women	Class S6 – S14
Event 18	400 free men	Class S6 – S14

#### Session IV - Saturday multi-disability finals

Warm up: 16.30-17.20

Competition: 17.30

Event A	50 backstroke women	8 best from Event 15
Event B	50 backstroke men	8 best from Event 16
Event C	100 breaststroke women	8 best from Event 7
Event D	100 breaststroke men	8 best from Event 8
Event E	100 free women	8 best from Event 1
Event F	100 free men	8 best from Event 2
Event G	50 butterfly women	8 best from Event 13
Event H	50 butterfly men	8 best from Event 14

#### Session V - Sunday

Warm up: 08.00-09.20

Competition: 09.30

Event 19	50 breaststroke women	Class SB1 – SB14
Event 20	50 breaststroke men	Class SB1 – SB14
Event 21	100 butterfly women	Class S1 – S14
Event 22	100 butterfly men	Class S1 – S14
Event 23	50 free women	Class S1 – S14
Event 24	50 free men	Class S1 – S14

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### Events:

#### Session VI - Sunday multi-disability finals

Warm up: 13.00-13.50

Competition: 14.00

Event I	50 breaststroke women	8 best from Event 19
Event J	50 breaststroke men	8 best from Event 20
Event K	100 backstroke women	8 best from Event 11
Event L	100 backstroke men	8 best from Event 12
Event M	50 free women	8 best from Event 23
Event N	50 free men	8 best from Event 24
Event O	100 butterfly women	8 best from Event 21
Event P	100 butterfly men	8 best from Event 22

### Relays:

There are no relays, which are open to entries from foreign clubs and nations. The relays that are listed in the entry list are only for Danish teams that have qualified for the events.

### Multi-disability finals:

The participating swimmers in the multi-disability finals will be found by calculating points from the achieved times from the preliminary event by the German 1000-point system. The 8 swimmers best ranked by points will participate in the multi-disability finals.

Scratches for multi-disability finals (including substitutes) must be made no later than half an hour after the results are presented.

### Warm-up:

All participating swimmers and coaches are requested to follow the warm-up procedure in order to ensure a safe and high quality warm-up for all participating swimmers.

The warm-up procedure is available on <http://www.swim.dhif.dk>.

### Results:

Results will be presented at the pool during the competition. The results will also be available on <http://www.swim.dhif.dk> where results are updated after each session.

### Awards:

Medals will be awarded for each class in each event.

Relay events will be swum as an open competition with classes S1-S14, and there will be medals to the fastest three teams independent of the classes of the swimmers.

In the multi-disability finals gifts will be presented to the three best swimmers based on the German 1000-point system.

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### Call-up area:

There will be no call room in connection with the competition. Swimmers are requested to show behinds the blocks two or three heats before start. Each swimmer will get a basket where they can put their clothes, shoes and personal belongings. Once the swimmers have started the race the basket will be carried away from the start zone and placed at the entrances to changing rooms.

There is a limited space behind the blocks – please respect the swimmers that is preparing for their races.

### Doping control:

According to the “The World Anti-Doping Code” doping control can be announced during the competition.

### Medical:

Medical staff is available at the pool during the competition.

### Lockers at the pool:

There are lockers in the changing rooms at the pool, where you can keep your belongings during the competition. You can have a key for a locker for the whole weekend if you pay a deposit of € 10,- at the information desk. You will get all the money back when you deliver back the key.

### Pre-meet training times:

Training times prior to the meet can be booked directly at the pool at reasonable prices.

Please contact:

Trine Kvarning

Phone: +45 76 11 42 47

E-mail: [tk@eip.dk](mailto:tk@eip.dk)

<http://www.svømmestadiondanmark.dk>

The quality of the water in Svømmestadion Danmark is very high. With your help the quality should stay that way. Therefore you have to respect the rules considering showering:

- You have to shower naked before you go into the pool.
- After using the toilets you have to shower naked.
- You are allowed to warm up by the pool, afterwards you must go to the changing-rooms to shower naked.

It is the responsibility of the coach and the team manager to make sure that the regulations are followed. If the regulations are not followed it will cause expulsion from Svømmestadion Danmark.

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**Travel information:** When traveling to Denmark by plane there is three airports that can be recommended.

### Copenhagen Airport Kastrup

From Copenhagen Airport Kastrup it is possible to catch a train from the airport directly to Esbjerg. The time is approximately 3 hours.

The ticket office is located in Terminal 3 right above the railway station. There are lifts and travolators between the platforms and Terminal 3. You can take the free shuttle bus which runs between Terminal 1 and Terminal 3, where the station is located. For further information check: <http://www.cph.dk> or <http://www.dsb.dk>.

### Billund Airport

If you are arriving at Billund Airport you can take a bus directly to Esbjerg. The time is approximately 2 hours. For further information check: <http://www.billundlufthavn.dk>. You can also consider hiring your own bus. More information under "Transport" (next page).

Both the train from Copenhagen and the bus from Billund are going to Esbjerg Station. From the station you can take a taxi - it only takes 5 minutes to go the hotels, the hostel or the pool.

### Esbjerg Airport

About 20 kilometers from Esbjerg is Esbjerg Airport. It is a very small airport and you can only travel to Esbjerg airport from London, Aberdeen or Stavanger, Norway. From the airport you can go by bus or taxi in about 15 minutes. For further information check: <http://www.esbjerglufthavn.dk>

**Transport:** To arrange transport in and around Esbjerg be aware of the following possibilities:

### Bus transportation:

Ri-Bus Turist

Phone: +45 75 14 30 30

Fax: +45 75 14 30 27

E-mail: [turist@ribus.dk](mailto:turist@ribus.dk)

De Blå Busser

Phone: +45 75 15 00 88

Fax: +45 75 15 63 87

E-mail: [post@blaabusser.dk](mailto:post@blaabusser.dk)

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## Transport:

### Car rental agencies:

Avis Phone: +45 33 26 80 80 <http://www.avis.dk>

Europcar Phone: +45 75 12 38 93 <http://www.europcar.dk>

Hertz Phone: +45 76 13 85 20 <http://www.hertzdk.dk>

### Taxi - Esbjerg:

Phone: +45 75 14 45 00 – 24 hour service

Further information about Esbjerg can be found at

<http://www.visitesbjerg.com>

**The Danish Sports Organization for the Disabled  
look forward to see you in Esbjerg!**

# DANISH OPEN 2010 ENTRY FORM 1



## Team Information

Team name: \_\_\_\_\_ Team abbreviation: \_\_\_\_\_

Responsible person: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal code: \_\_\_\_\_

Country: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

E-mail: \_\_\_\_\_ Fax: \_\_\_\_\_

### Entry forms:

Entry form 2 - Number of pages: \_\_\_\_\_

Entry form 3 - Number of pages: \_\_\_\_\_

### Entry and Deck access fee:

Number of swimmers: \_\_\_\_\_ x €70/swimmer = € \_\_\_\_\_

Number of staff: \_\_\_\_\_ x €40/staff = € \_\_\_\_\_

Total amount due: \_\_\_\_\_ = € \_\_\_\_\_

The total amount due is transferred to the following bank account:

SWIFTKODE: NDEADKKK  
IBAN DK7320008127225169  
Registration #: 2520  
Account #: 8127225169

### Travel information:

Arrival: Date: \_\_\_\_\_ Apr. time: \_\_\_\_\_

Departure: Date: \_\_\_\_\_ Apr. time: \_\_\_\_\_

Name of hotel/hostel: \_\_\_\_\_



